

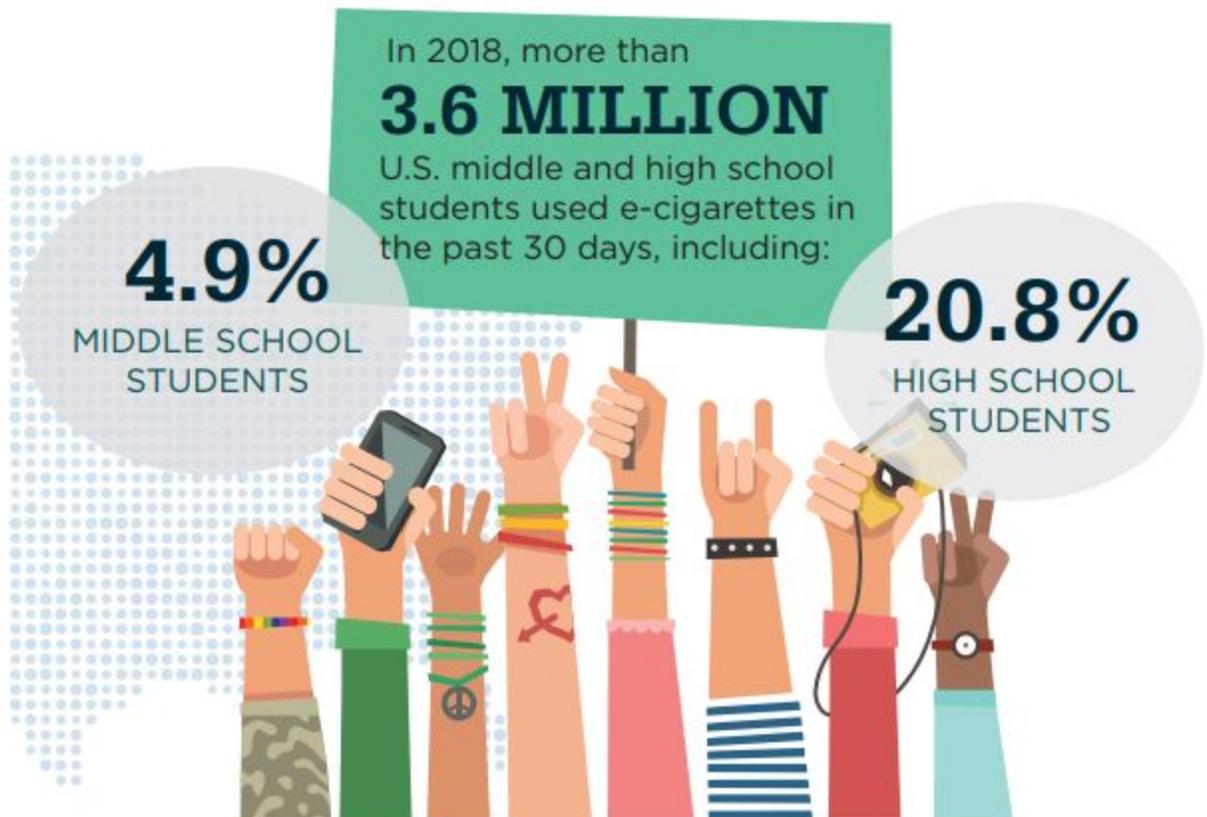
Vapes and E-Cigarettes

From the Surgeon General: “Scientists are still learning more about how e-cigarettes affect health. However, there is already enough evidence to justify efforts to prevent e-cigarette use by young people. Because most tobacco use starts during adolescence, actions to protect our young people from a lifetime of nicotine addiction are critical. Working together, we can keep our youth and young adults safe from the dangers associated with tobacco use and nicotine addiction.” ([“Get the Facts on E-cigarettes | Know the Risks: E-cigarettes & Young People | U.S. Surgeon General’s Report”](#) [Know the Risks: E-Cigarettes and Young People | U.S. Surgeon General’s Report](#), U.S. Department of Health and Human Services, 2018, Web, 23 Jan. 2018.)

SCHOOL POLICY

- Possession of, use, or intent to use, involvement in a transaction of tobacco products or products which simulate tobacco (vape/e-cigarette and/or paraphernalia--juice, cartridge, etc.) on school property or off school grounds but in the near vicinity of school, inside or outside the building, or at school sponsored activities, including athletic events held away from the school premises. Students 18 years of age or older may not possess tobacco, vapes/e-cigarettes on school grounds per P.A. 198 of 1986.

Why is this an issue?



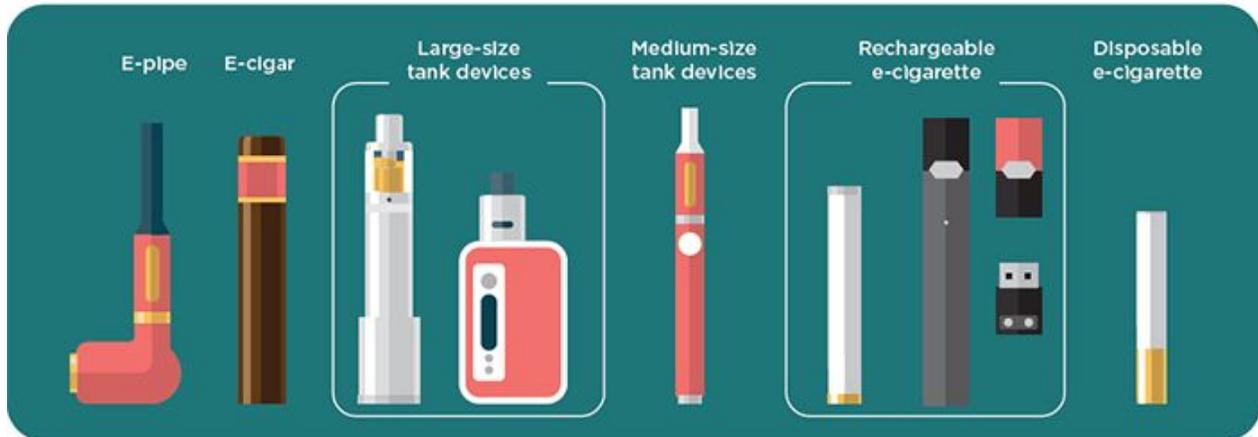
(Cullen KA, Ambrose BK, Gentzke A, et al. Notes from the Field: [Increase in e-cigarette use and any tobacco product use among middle and high school students — United States, 2011-2018](#). MMWR Morb Mortal Wkly Rep 2018;68:1276-1277.)

What are the Risks?

- Numerous health risks (see Surgeon General website below)
- Students can become addicted to nicotine
- Students who participate in extracurricular activities will lose the ability to participate
- Vapes and e-cigarettes can contain THC, the chemical compound found in marijuana

E-CIGARETTES TAKE MANY FORMS

Suppliers are constantly creating new forms, but these are some examples of what they can look like:



**“Some e-cigarettes are made to look like regular cigarettes, cigars, or pipes.
Some resemble pens, USB sticks, and other everyday items.”**

(“Smoking & Tobacco Use.” Centers for Disease Control and Prevention, Centers for Disease Control and Prevention, 29 Nov. 2018, www.cdc.gov/tobacco/basic_information/e-cigarettes/about-e-cigarettes.html.)

TAKE ACTION

- We are seeing more and more students using or selling e-cigarettes/vapes in and out of school.
- Please look through the resources below for more information about the risks of e-cigarettes
- Have a conversation with your student
- Contact the administration at your school to see how you can help

RESOURCES/Additional Information

- [Surgeon General: Know the Risks of E-cigarettes](#)
- [Center for Disease Control & Prevention \(CDC\)](#)
- [Parent/Teacher reference sheet on JUUL devices](#)
- [PBS Article on Vaping and its effects](#)
- [Informative article put out by High School near Boston, MA](#)
- [Marijuana and vapes](#)